

Download Take Your Time The Wisdom Of Slowing Down

Take Your Time: The Wisdom of Slowing Down [Eknath Easwaran] on Amazon.com. *FREE* shipping on qualifying offers. Through stories, insights, and step-by-step advice, Easwaran shows us how to calm our minds. When the mind is unhurried
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Miyamoto Musashi is the greatest swordsman to ever live, defeating over sixty opponents in one-on-one combat. Here are his 21 Precepts (rules) for life.