

Download From Anxiety To Meltdown How Individuals On The Autistic Spectrum Deal With Anxiety Experience Melt

Some ASD kids are more likely to have tantrums than other kids. Causes that contribute to a youngster's tendency to have tantrums include fatigue, the youngster's age and stage of development, temperament, stress in the child's environment, and whether underlying behavioral, developmental, or health conditions are present such as ADHD or ASD. Understanding that individuals on the autistic spectrum, or with cognitive difficulty, may possibly be interpreting their environment in an entirely different way to those supporting them, is an important first step in responding to the challenging behaviour. A meltdown is a condition where the youngster with Aspergers or High Functioning Autism temporarily loses control due to emotional responses to environmental factors. On the mild end of the continuum, the adult in meltdown may simply say some things that are overly critical and disrespectful, thus ultimately destroying the relationship with the other party (or parties) in many cases.