

Download Fresh Leaves And Green Pastures

Just ten minutes drive from the City, Green Pastures Farm Shop Norwich is one of Norfolk's greatest little farm shops. Come and discover what fresh produce really tastes like, either fresh from our own family farm or from our network of Norfolk and Suffolk farmers and food producers. Pokeweed: Pokeweed (*Phytolacca americana*) is a commonly found weed in horse pastures and around fence lines. It grows erect, resembling a tree, and can reach up to 10 feet in height. Green conjures up images of verdant fields, pastoral scenes dotted with sheep... As artists, our palettes usually have some form of this color - viridian, sap green, chrome, olive green, teal... Here's a delicious, traditionally Korean way to use shiso leaves and nourish your digestive system with fermented foods at the same time. Adapted from Wandering Chopsticks.