

# Download African American Foodways Explorations History

African American Foodways: Exploration of History and Culture (The Food Series) [Anne Bower] on Amazon.com. \*FREE\* shipping on qualifying offers. Moving beyond catfish and collard greens to the soul of African American cooking Ranging over the progression from seventeenth-century West African fare to contemporary fusion dishes using ...Civil War-era foodways. Food historians tell us during the American Civil War the civilians/soldiers of the north generally ate better than the civilians/soldiers of the south.It is the goal of the faculty to foster respect for human diversity in the United States of America (USA) courses by introducing students to the life experiences of people with whom they are less familiar to promote the understanding of diversity and encourage tolerance and acceptance of others.Soul food is a variety of cuisine originating in the Southeastern United States, and from African American culture. It also has Native American influences.