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A Spiritual Renegade's Guide to the Good Life | Lama Marut | ISBN: 8601400475423 | Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Amazon. Lama Marut, a Buddhist monk, has filled the pages full of inspirational quotes and excerpts from the teachings of the Ashtavakra Gita and the Bhagavad Gita. There are also several segments taken from A guide to the Bodhisattva's way of life of Shantideva: A commentary. A Spiritual Renegade's Guide to the Good Life (with embedded video) (English Edition) eBook: Lama Marut: Amazon.de: Kindle-Shop Lama Marut (a.k.a. Brian K. Smith) is extensively trained in the spiritual traditions of India and Tibetan Buddhism. He holds a Ph.D. in Comparative Reli...