

# Download A Field Guide To Medicinal Plants And Herbs Steven Foster

A Field Guide to Medicinal Plants and Herbs has 1,275 ratings and 26 reviews. Anna said: To put it mildly, I'm not a fan of identifying plants by color. ...A Field Guide to Medicinal Plants and Herbs: Of Eastern and Central North America (Peterson Field Guides) by Steven Foster (1999-12-28) | Steven Foster;James A. Duke | ISBN: | Kostenloser Versand für alle Bücher mit Versand und Verkauf durch Amazon. Best-selling author, photographer, consultant, and herbalist, Steven Foster, has 39 years of comprehensive experience in the herbal field. He started his career at the Sabbathday Lake, Maine, Shaker's Herb Department—America's oldest herb business dating to 1799. Medicinal plants are increasingly well regarded as supplements and sometimes as alternatives for prescription drugs. Steven Foster and James A. Duke have used recent advances in the study of medicinal plants and their combined experience of over 100 years to completely update the Peterson Field Guide to Medicinal Plants.